

“The Biggest Reducer” Ice Breaker Activity

This activity is not about personal criticism, but it is about the choices you or your family make and it will help you meet the group, learn their names and know something about them

**Does you or your family .....**

<b>think imported food products are more high status than local ones?</b>	<b>sort and recycle as much household garbage as you / it can?</b>	<b>have a compost bin or worm farm?</b>	<b>buy bottled water?</b>	<b>leave the TV or computer on standby?</b>
<b>eat a vegetarian meal [for dinner] at least twice a week?</b>	<b>own a four wheel drive or V8?</b>	<b>leave litter around when there is not a bin available?</b>	<b>eat fresh fruit and vegetables daily?</b>	<b>ever wondered what made from local and imported products means?</b>
<b>use energy saving lightbulbs in your house?</b>	<b>buy frozen pizzas instead of making them?</b>	<b>choose imported products over locally made ones?</b>	<b>when food shopping, look at the country of origin and ingredients of the products ?</b>	<b>donate to a charity or environmental group?</b>
<b>have a five minute plus shower?</b>	<b>when shopping look where the product is made?</b>	<b>buy groceries in bulk to reduce packaging?</b>	<b>catch public transport at least twice a week?</b>	<b>refuse a bag when asked by someone in a shop?</b>
<b>buy canteen lunches more than once a week?</b>	<b>have a vegie patch at your house [or community garden]?</b>	<b>turn the heater up rather than putting on extra clothes?</b>	<b>expect that you can buy strawberries all year round ?</b>	<b>look for the highest amount of stars when choosing whitegoods?</b>